

### What's exploitation?

Mistreatment, taking advantage of someone, using someone selfishly. For example: making a child work for very little or no money or making them do dangerous or illegal work in order to make someone else better off. Other examples could be forcing a child or a teenager to have sex for money, to steal, to deal drugs, or sell his or her organs.

### What about me and my friends?

If you question whether you or a friend may have been exploited or is vulnerable to being exploited. Take the test! Or give this card to your friend(s).

## TEST

*If you answer the majority of the following questions with yes or have any other question, please reach out to your NIDOS guardian or your mentor at the COA facility.*

	Yes	No
I don't have my own passport	<input type="checkbox"/>	<input type="checkbox"/>
I'm afraid I may become pregnant/I'm pregnant/I made somebody pregnant	<input type="checkbox"/>	<input type="checkbox"/>
I have not been going to school	<input type="checkbox"/>	<input type="checkbox"/>
I feel tired and hungry all the time	<input type="checkbox"/>	<input type="checkbox"/>
I have a secret I can't tell anyone	<input type="checkbox"/>	<input type="checkbox"/>
I have a brand new phone(s)	<input type="checkbox"/>	<input type="checkbox"/>
I was dumped at the reception centre	<input type="checkbox"/>	<input type="checkbox"/>
I never knew the city or country I was in	<input type="checkbox"/>	<input type="checkbox"/>
Sometimes I work without getting paid	<input type="checkbox"/>	<input type="checkbox"/>
Nobody knows when I leave the reception centre	<input type="checkbox"/>	<input type="checkbox"/>
I'm a bad girl/boy	<input type="checkbox"/>	<input type="checkbox"/>
People break their promises	<input type="checkbox"/>	<input type="checkbox"/>
I have done things I did not want to do	<input type="checkbox"/>	<input type="checkbox"/>
My family cannot protect me	<input type="checkbox"/>	<input type="checkbox"/>
I'm not a victim I'm a survivor	<input type="checkbox"/>	<input type="checkbox"/>
You cannot trust adults	<input type="checkbox"/>	<input type="checkbox"/>

If you want to talk about the test, exploitation, your life, problems or experiences, please reach out to your NIDOS guardian or your mentor at the COA facility. If you share your questions with them they can help you. You can also show this flyer if that will help you to start the conversation.

NOTE: this tool was created by a group of youngsters from all around the world residing in reception facilities and is based on their experiences and consultations.